

Scheduled Menus Planned for Week of 10/16/2011 thru 10/22/2011

Ellington, Jiejun "Julie" 102152

October 16, 2011	October 17, 2011	October 18, 2011	October 19, 2011	October 20, 2011	October 21, 2011	October 22, 2011
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast						
	Wheat Bread (031) Apples (001)	Bagel (001) Pears (031)	Hot Cereal (035) Grapes (018)	Cold Cereal (034) Apples (001)	Bagel (001) Bananas (004)	
	Milk (7)	Milk (7)	Milk (7)	Milk (7)	Milk (7)	
AM Snack						
Lunch						
	Whole Chicken (030) White Rice (082) Broccoli (163) Carrots (167) Milk (7)	Turkey Breast (048) Spaghetti Noodles (070) Tomato Sauce (241) Mixed Vegetables (207) Milk (7)	Pork Roast (044) White Rice (082) Napa Cabbage (212) Broccoli (163) Milk (7)	Pork Chops (042) White Rice (082) Broccoli (163) Bok Choy (162) Milk (7)	Chicken Legs (024) White Rice (082) Green Salad (184) Chicken Vegetable (251) Milk (7)	
PM Snack						
	Yogurt (107) Graham Crackers (037) Pears (031)	Cheddar Cheese (080) Snack Crackers (041) Grapes (018)	Yogurt (107) Saltine Crackers (040) Plums (034)	Cheddar Cheese (080) White Bread (032) Grapes (018)	Yogurt (107) Cold Cereal (034) Grapes (018)	
	Milk (7)	Milk (7)	Milk (7)	Milk (7)	Milk (7)	
Dinner						
Evening Snack						